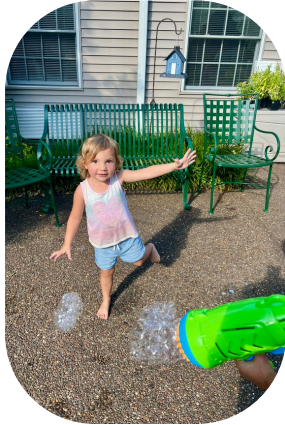


### June Highlights



### *Marci's Moment*

We had a great time at our family night in June with lots of kids, grandkids, and great grandkids. Grilled hamburgers and hot dogs were a big hit thanks to our master griller, Michael Calhoun. I asked a resident if she had a good time and she shared that she and one of her regular lunch buddies didn't have family coming in so they agreed they'd be each others family that night. I may only have one year of assisted living experience, but I see the joy, inspiration and kindness that abounds in our community.

### Game Time Shenanigans





# THE PINNACLE

## JULY 2025

### HAPPY BIRTHDAY

Madene M.      Judy B.  
Fran L.        Barbara D.  
Marci C.        Tonya G.  
Laila S.         Karen O.  
  
Penelope

### HAPPY ANNIVERSARY

Nancy and Ron J.  
Lois and Bruce M.  
Shannon O.

#### Employee Spotlight: Christina Lutz

Christina has a can-do attitude and she delights in taking care of the residents. She is kind and encouraging towards the residents and she makes sure they are taken care of completely. Christina has been a great asset to the Paragon Team.



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# THE PINNACLE

## JULY 2025

### Community Partner Spotlight: Michael Calhoun Calhoun's Custom Meats

Michael set the bar high for our Family Night meals. We reached out about getting hamburgers and hot dogs from him and he offered to grill them himself. Even better, he's willing to do it again. We've had requests for his ribeye and pork chop sandwiches, so we'll see you again soon Michael.



### Resident Care News

Hydration is crucial for senior adults because it supports many vital bodily functions and can prevent serious health complications. As people age, their sense of thirst diminishes, making them more susceptible to dehydration. Staying adequately hydrated helps maintain healthy organ function, cognitive abilities, and physical well-being.



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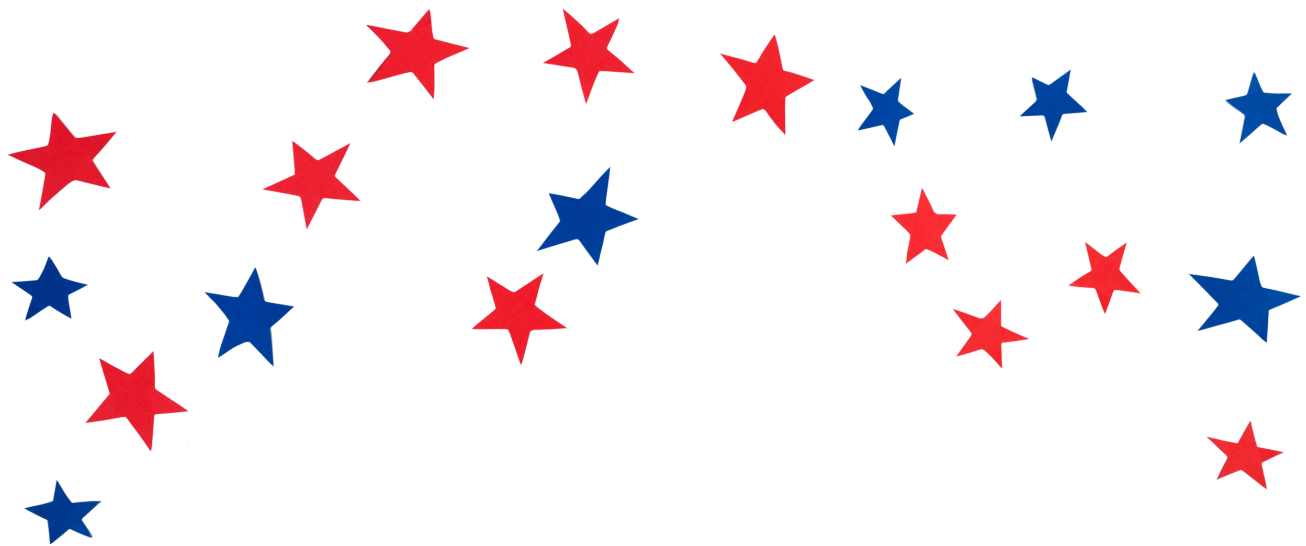
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Madisonville, KY 42431



# THE PINNACLE JULY 2025

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